

URBAN ARTS - LYRICS OF LIFE

Based on the real-life experience of the project creator, the vision of C.O.V. Urban Arts is to give young people the tools to enable them to make positive life choices throughout their life journeys. The Urban Arts project does this by delivering a message of personal safety through lyricism – poetry through music.

Urban Arts gives you the opportunity to achieve an OCN qualification, equivalent to a GCSE, and an introductory knowledge of the ProtectiveBehaviours Process.

Spend time with an MC to create, write and record a lyrical piece in a music studio.

You have CHOICE, CONTROL and TIME to be inspired, generating your own musical material.



@C_O_VISIONS



CREATIVE OPTIMISTIC VISIONS



07532364336

urbanarts@creativeoptimisticvisions.co.uk



www.CreativeOptimisticVisions.co.uk



URBAN ARTS

THE ART OF LYRICISM

POETRY THROUGH MUSIC

Compare and contrast lyrics, poetry and text generating critical thinking and discussions of material.

Learn the importance of language and create skills in:

1. Shared meaning
2. Quality of language
3. Ownership
4. Clarity

Use your own musical influences to inspire your learning - by using the lyrical content you listen to - to guide you through your project

Create a lyrical piece and or artwork illustrating your ideas, your thoughts and views.

Spend time with an MC to identify your flow, your style and technique, or just simply focus on what message you want to deliver through your own creativity.

If you don't want to write or spit bars – sound – let's get creating the artwork for the musical piece we produce!

Opportunities to perform and record are also available.

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**STUCK ON THE BLOCK,
READ, READ!
SITTIN' IN THE BOX,
READ, READ!
DON'T LET THEM SAY
WHAT YOU CAN ACHIEVE.**

”

AKALA - FIRE IN THE BOOTH

02

CREATE

INSPIRE

“
COME ALONG FINK FAST,
DECISION TIME,
UVE BEEN LIVIN IN DA GRIME,
DON U WANA CLIMB?
”

DIZZIE RASCAL - **IMAGINE**

BELIEVE

VISUALISE

PROTECTIVE BEHAVIOURS

Protective Behaviours is a practical down-to-earth approach to personal safety, highlighting ‘**we all have the right to feel safe all the time**’ and ‘**we can talk with someone about anything even if it is awful or small**’.

Protective Behaviours equips you with a skill set and knowledge to recognise your feelings and thoughts - therefore enabling a choice of behaviour. It teaches you to trust internal feelings and think practically about how safe you feel and how you can seek help if you feel unsafe.

Relate to how you use music to accompany your feelings. What is feeling safe/unsafe for you? Identify and create your own personal network. Clarify what you value, what you believe in, and what you consider as positive/negative qualities within others and yourself.

Explore and study influential, established music artists that state the importance of valuable life lessons.

Discover how culture, society, access to education and ambition can have a great, positive impact on your life.

OCN

QUALIFICATION

Gain a qualification to the equivalent of a GCSE:

Develop an understanding of the meaning of the term 'diversity' an awareness of diverse groups and practices (and how these contribute to society) an awareness of the similarities and difference between diverse groups an understanding and knowledge of the effect of prejudice and discrimination.

03

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THE MESSAGE I STRESS:
TO MAKE IT STOP
STUDY YOUR LESSONS
DON'T SETTLE FOR LESS -
EVEN A GENIUS ASKS-ES
QUESTIONS

”

TUPAC - ME AGAINST THE WORLD