



Newsletter

Creative Optimistic Visions

March 2016

NEWSLETTER

The second newsletter of C.O.V. We hope you all enjoyed reading the newsletter of February. This month we will be sharing some great news and announcements.

WORKING TOGETHER WITH POSITIVE YOUTH FOUNDATION

We are collaborating with Positive Youth Foundation to identify areas of support for young men around CSE. We will be working around the topics of sexual consent and sexual violence.

The research that we are doing now is part of a larger project that aims to educate young men of consent and victimisation via The Protective Behaviours Process to prevent the victimisation of a sex crime as well as preventing the perpetration of sex crimes by challenging attitudes against sexual behaviours.

Do you have 12+ male service users who can participate the questionnaire? Please get in contact with us.

URBAN ARTS WITH KAIROS WWT

We have been supporting the learning of young women between the ages of 18 and 24 from Kairos WWT. Talking about CSE through Urban Arts has been a great inspiration to us all. We are very proud of what the women achieved in a two day workshop. Click on the soundcloud icon to listen to the song written by these talented young women.

Interested in the Urban Arts project or Feeling Safe: Knowing Me Knowing You? Visit our website or contact us!



PROTECTIVE BEHAVIOURS THEMED WEEK IN WILLENHALL

Amazing! The Protective Behaviours Themed Week in Willenhall has been a great success. Over 60 children have participated this week and have learned about Protective Behaviours in a fun and creative way. Together we have explored how it feels to feel safe and what we can do when we don't feel safe.

Thanks to everyone that helped and of course to the great young people in this area. They all worked really hard and we are impressed by their knowledge and skills. On the next page you can see how the young people have reinforced the themes on a display because we all have the right to feel safe.

Interested in a Protective Behaviours themed week in your area, school or organisation? Contact us!

POEM

A poem by a 10 year old boy in Willenhall during the themed week:

"When I'm safe I'm happy.
When I'm scared I go somewhere safe.
In my house I'm safe.
But when I'm worried I don't think I am safe.
To be safe you need to get out of trouble.
So that's why you shouldn't jump in a big puddle.
But instead why not have a cuddle."



EDUCATION SHOW 2016

educationshow2016
EDUCATING & INSPIRING MINDS

We will be exhibiting at The Education Show this year. Please do come along and see us! We are stand J94

CONFIDENT ME!

We have created a programme titled 'Confident Me' to support the outcomes desired by Coffee Tots to help raise the self-esteem and confidence of their service users in order to increase the opportunities in their everyday life including education and or employment, as well as growing in confidence to manage and excel to benefit themselves and their families.

Interested in the 'Confident me' programme? Get in contact!

BREAK THE CHAIN WITH C.O.V



On the 14th of February we have been dancing, singing and speaking in Coventry City to raise awareness of violence against women. Ages from 18 month to 60 years old were dancing together to celebrate healthy love. We would like to thank Valley House, Harriet, our service users and the guest speakers for all your time and effort.

CONTACT INFORMATION

**Creative optimistic
visions**

Steeple House, Percy
Street.

Coventry, CV1 3BY
Tel: 02476 559401

www.creativeoptimisticvisions.co.uk

Stacey-Jade Mason
Director



