

## Level 2 Foundation Protective Behaviours Training

The Protective Behaviours Foundation Level Course is endorsed and certified by Open College Network West Midlands (OCNWM), The Protective Behaviours Consortium (PBC) the national organisation for Protective Behaviours in the UK, and delivered to you by Creative Optimistic Visions providing award-winning trainers.

This is a two-day course with participants attending both days. Participants will be entitled to a Protective Behaviours Consortium (PBC) Foundation Level Certificate and OCNWM Level 2 qualification 'Foundation in Protective Behaviours Training.'

The purpose of the course is twofold, to introduce participants to the process of Protective Behaviours (PBs) and to demonstrate how Protective Behaviours can be used to enhance working practice and life beyond the workplace.

We encourage all course participants to contribute to discussions and activities within a supportive and caring training room environment. Individuals have the right to feel safe and are able to respect the right of others to feel safe throughout the course. Participants are encouraged and supported by the course facilitator to use the Protective Behaviours Process for themselves to enable them to effectively engage in the learning process.

The learning outcomes are as follows:

- Understand the core principles underpinning the Protective Behaviours Process
- Know how to explain the purpose of the Protective Behaviours Process to others
- Know strategies used to put Protective Behaviours into practice
- Be able to use the Protective Behaviours Process to find solutions to issues or challenges
- Be able to develop an individuals practice or improve an individuals personal wellbeing using Protective Behaviours

The delivery of day one focuses on the theory of Protective Behaviours.

Delivery of day two focuses on the application of Protective Behaviours through tutor and peer supervision. Participants will continue to explore the elements introduced on the first day; this creates a deeper understanding of the process and increasing confidence for individuals to use it for themselves.

The process and its application to different situations will be illustrated through a range of activities and scenarios. Through a variety of problem solving approaches, participants will reflect and consider how to develop individual practice to manage work life challenges complimenting their working practice rather than increasing the load.

Price            £249 per learner

Discounts applied for group bookings. Price includes OCNWM L2 registration and certificate, e resource book, lunch and refreshments. For further information please call 02476 445439 or email [Stacey@creativeoptimisticvisions.co.uk](mailto:Stacey@creativeoptimisticvisions.co.uk)